



Personal Care Assistant job description

Personal Care Assistant Responsibilities Include:

Ensuring clients receive their medication on time

Supporting clients who can't move on their own

Helping clients dress, bathe, eat etc.

Job brief

We are looking for a competent personal care assistant to support physically or mentally challenged customers in their everyday lives. The fulfilment and satisfaction that comes with helping others surpasses the challenges of this job.

If you're a compassionate, positive person who isn't afraid to work hard, then this is a job for you. We expect you to be polite and a good communicator. Experience in housekeeping tasks and caring for the elderly or sick will make you a strong candidate.

Responsibilities

Ensure clients receive their medication on time

Support clients who can't move on their own

Help clients dress, bathe, eat etc.

Assist clients with physical therapy exercises

Cook meals according to the customer's restrictions

Help customers with their shopping

Do necessary housekeeping to maintain a clean environment

Provide emotional support

Inform physicians or supervisors about uncommon events

Act quickly and responsibly in cases of emergency

Requirements

Proven experience as personal care assistant

Committed to health & safety

Able to do housework and cooking

Well-organized and reliable

Excellent communication and people skills

Positive and compassionate attitude



Strong ethics

Physical stamina

CPR certified

High school diploma or equivalent

A valid driver's licence